

COVID-19 Updated Safety Protocols

Released: Fall 2021

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Trekkers' COVID 19 safety protocols continue to be updated based on available science and recommendations from the CDC, Maine CDC and Department of Education and our local school districts.

Self-Screening: We ask that all participants, including staff, volunteers and students self-screen for symptoms, using the [Maine Department of Education Pre-Screening Tool for School Attendance](#), before coming into Trekkers' office or participating in any in-person activity with Trekkers.

If a participant does not pass the prescreening tool they cannot participate in in-person activities (staff may not come to the office)

Participants may return when a medical provider has cleared them to do so (24 hours fever free without the use of medications and showing symptom improvement) OR meet the CDC criteria of being 10 days since the start of symptoms, 24 hours fever free without the use of medications and have improved symptoms, or a negative test result is received.

Masking: We are requiring universal masking for all indoor activities. We will encourage 3-foot distancing as feasible while indoors. If eating inside, 6-foot distance will be maintained whenever possible (3-foot distance at minimum). Universal masking works, and in universal masking situations, the possibility of spreading infection is minimal.

Transportation: Students and staff and required to wear a mask on all transportation and must sanitize hands before getting on the bus (or any shared transportation) and immediate after departure. There will be no eating or drinking on the bus to assure masks stay in place during the entire journey. We will keep some windows open or cracked whenever possible to improve air flow.

There is no requirement for social distancing on buses, but it will be encouraged if possible.

Masks are not required for outdoor activities. There is little to no transmission risk reduction expected with outdoor masking. The pros of students being unmasked outside enjoying fresh air far outweigh any associated risk.

Like our local schools, Trekkers believes we can continue to operate safely during periods of community spread. Adherence to all current policies including pre-screening and proper use of appropriate face covering are what will make this possible.