

February 2020

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President  
Tenants Harbor

Dee Megna  
Vice President  
Spruce Head

Doug Erickson  
Treasurer  
Thomaston

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Alumna, Secretary  
Rockland

Jack Carpenter  
Founding Member  
Rockland

Thomas Crosslin  
Rockport

Susan Grover  
Thomaston

Mike Hersom  
Rockland

Makaila Hickey  
Alumna  
Rockland

Bryson Cowan King  
Alumna  
Roslindale, MA

Kathleen Meil  
Rockport

Fletcher Smith-McNaboe  
Rockland

Wyatt Wichenbaugh  
Trekking Student  
Rockland

Dear 7<sup>th</sup> Grade Student and Parents/Guardians,

Thank you for your interest in the Trekkers program. Trekkers is an outdoor-based mentoring program that connects young people with caring adults through expeditionary learning, community service and adventure-based education. Our unique model follows students over a six-year period that starts in the 7<sup>th</sup> grade and ends at high school graduation.

Enclosed, you will find information about Trekkers and the application process. If you are interested in participating in the program, please complete the entire application (found on pages 5-6 of the enclosed packet) and return it to:

**TREKKERS**  
58 Park Street, Suite 202  
Rockland, ME 04841

**APPLICATION DROP OFF PROCEDURES & DEADLINE:**

- Applications must be dropped off at the Trekkers office on or before March 9, 2020. *If dropping off before or after office hours, please put application in our drop box located just outside our front door.*
- If sending by mail, applications must be postmarked by March 9, 2020
- Please do not drop off applications with teachers or other school staff

Trekkers will contact you by email on **March 13<sup>th</sup>** about the outcome of the lottery selection process (an explanation regarding the selection process can be found on page 2 of the packet). Of course, if your family does not have an email address, you will receive a phone call.

In the meantime, if you have any questions or need additional information, please feel free to call me at 594-5095.

Sincerely,

Lindsey Veilleux  
Program Manager

PS: You can download additional copies of the application by visiting our web site at [www.trekkers.org](http://www.trekkers.org).

## TREKKERS INFORMATIONAL PACKET 2020

The following information is provided to acquaint you with Trekkers by answering some of the most frequently asked questions about the program.

### **WHAT IS TREKKERS?**

Trekkers is a non-profit, outdoor-based mentoring program aimed at connecting young people with caring adults through expeditionary learning, community service and adventure-based education. With community adult volunteers working throughout the year, Trekkers provides a myriad of educational, experiential, and cross-cultural opportunities for young people, with an emphasis on relationship building and an appreciation of the earth as “educator.”

### **WHEN WAS TREKKERS STARTED AND WHO DOES IT SERVE?**

Trekkers began in 1994 as a volunteer community initiative for students attending Thomaston Grammar School. In 1996, students from St. George School were included. During the first five years, Trekkers primarily worked with 7<sup>th</sup> and 8<sup>th</sup> grade students. With the expansion of a year-round program implemented in 1999, Trekkers began to offer programs to local students from 7<sup>th</sup> to 12<sup>th</sup> grade living year-round in the communities of Cushing, St. George, and Thomaston. In 2010, the three communities Trekkers served were consolidated with Rockland, Owls Head, and South Thomaston to form a new regional school district. In the spring of 2011, Trekkers started its expansion process and now offers its unique model of relationship-building to all six communities.

### **WHAT IS THE APPLICATION PROCESS?**

This year, Trekkers has 40 openings for seventh graders. All 7<sup>th</sup> graders are invited to attend our Community Meeting at the start of the year. If after learning about the Trekkers program a student is interested in participating, they will be required to submit an application by **March 9<sup>th</sup>** to become eligible. If a student cannot attend the informational meeting, they may pick up an application at the Trekkers office or download online. Families must also contact program staff to reschedule a time to learn about the information covered at the Community Meeting. If Trekkers receives more than 40 applications by **March 9<sup>th</sup>**, Trekkers will implement a lottery system to select the students. The lottery will be designed to produce a ***diverse & balanced*** group of 40 students. Our goal would be to divide teams based on gender identification, in addition to the school district they live in (30 from RSU 13 and 10 from St. George MSU).

**Please note:** If a lottery system for the selection of students is required, those students not among the first 40 selected will be put on a waiting list in the order their names are drawn. If a student gets the application in after the March 9<sup>th</sup>, they will not be eligible for the lottery, but will be put on the bottom of the waiting list in order according to the date the application was postmarked. The content of a student’s application will not determine their eligibility. All families will be notified of the lottery results by email on **March 13<sup>th</sup>**. If your family does not have an email address, you will receive a phone call explaining the results and next steps.

### **WHAT HAPPENS NEXT?**

After 40 students have been accepted into the program from this class, Trekkers will take these 40 students and divide them evenly into two separate cohorts based on a school and gender balance. Each cohort will then have its own separate program/expedition throughout the duration of their school experience. A letter will be sent in March sharing with students which of the two cohorts they are on.

## **WHAT IF I WANT TO SWITCH TO ANOTHER GROUP?**

As mentioned, the 40 students accepted into the program will be split into two cohorts of 20. From time to time opportunities may be offered to all 40 students, but more often than not these two cohorts will operate independently from one another; each with their own assigned Program Manager, as well as their own meeting and expedition schedules for the entire six years. Requests to change teams will not be accepted under any circumstances.

Our intent is not to be inflexible, but to help students make and value commitment. We want students to learn crucial coping skills by teaching them how to constructively address and work through the inevitable challenges which *may* arise over their six years in the program.

## **ARE STUDENTS WHO PARTICIPATE IN THE 7th GRADE PROGRAM IN 2020 ELIGIBLE TO PARTICIPATE IN FUTURE TREKKERS PROGRAMS?**

Eligible\* students who **complete** the Teen Trekkers program in 7th grade will be invited to participate in every program offered to their Trekkers class for their remaining years in middle school and high school, as long as they are enrolled in some kind of formal education. If a student is accepted into Trekkers and chooses to opt-out of the 7th grade program, they will be put at the bottom of the waiting list.

\*Students must continue to live in one of the six towns (Cushing, South Thomaston, Owls Head, Rockland, St. George and Thomaston) in order to maintain eligibility for Trekkers programs. If a student moves out of the six towns, Trekkers will go to the waiting list. The student will continue in the program until they are taking the place of another student on the waiting list who *does* live in one of the six towns that Trekkers serves.

## **HOW DOES THE TREKKERS WAITING LIST WORK?**

When the number of active participants in a program drops below 17, Trekkers will have the option of bringing a student in from the waiting list based on our goals of maintaining healthy and safe group dynamics.

## **WHO FUNDS TREKKERS?**

Trekkers is supported financially through contributions from individuals, local businesses, churches, municipalities, state and federal grants, private foundations, and corporations. Trekkers seeks donations to help offset the cost of the programs that Trekkers offers, which helps us keep student dues as low as possible.

## **HOW MUCH DOES TREKKERS COST?**

Program dues are estimated based on this year's programs and are subject to change. The following are the estimated program dues for 2019-20:

<b>7th Grade Teen Trekkers</b>	\$80
<b>8th Grade Advanced Trekkers</b>	\$775
<b>9th Grade Urban Expedition</b>	\$775
<b>10th Grade Cross America</b>	\$775
<b>11th Grade College/Career Exploration</b>	\$775
<b>12th Grade Rites of Passage</b>	\$775
<b>From the 'Hood to the Woods</b>	\$125

## **PAYMENT SCHEDULE, FUNDRAISING & SCHOLARSHIP**

**For the 8<sup>th</sup>-12<sup>th</sup> grade programs:** 50% of program dues (currently \$387.50) is to be paid by November 15<sup>th</sup> of each year. The remaining balance will be due one month before the expedition.

In order to make our programs accessible and affordable, Trekkers has established a fundraising system for students to raise half of their annual program dues. **Trekkers offers three optional fundraising events for students each year.** Trekkers also has a scholarship fund to help assure that every student can participate despite possible financial hardship.

If you have questions regarding program dues or would like to receive a copy of our fundraising policy or scholarship application, please contact program staff at 594-5095.

## **WHO RUNS THE TREKKERS ORGANIZATION?**

### STAFF:

**Amie Hutchison** - Executive Director  
**Meredith Lynt** – Director of Trekkers Training Institute  
**Kate Elmes** – Director of Development  
**Emma Beaudry** – Administrative Coordinator  
**Jamie Camber** – Finance Assistant  
**Brandon Caron** - Program Manager  
**Lindsey Veilleux** - Program Manager  
**Katlyn Rich** - Program Manager  
**Taylor “TJ” Jackson** - Program Manager  
**Tess Valdepenas** – Communications & Impact Manger  
**Daniel Leparulo** - AmeriCorps Intern  
**Tallie Foster** – AmeriCorps Intern

### BOARD OF DIRECTORS:

**Stu Rich** - President  
**Dee Megna** – Vice President  
**Jack Carpenter** – Co- Founder  
**Doug Erickson** – Treasurer  
**Alyssa Landrith** - Secretary  
**Mike Hersom**  
**Thomas Crosslin**  
**Rodney Chamberlain**  
**Bryson Cowan King**  
**Kathleen Meil**  
**Susan Grover**  
**Fletcher Smith-McNaboe**  
**Makaila Hickey**  
**Wyatt Wichenbaugh**

### VOLUNTEERS:

Over 160 adult and peer mentors in and around the Midcoast area volunteer with Trekkers throughout the year. They help facilitate outdoor and educational experiences, spend time one-to-one with students and provide much needed technical support to the program. The success of the Trekkers program is dependent in part upon a very high adult-to-youth ratio in all the programs Trekkers offers. Caring adult and peer mentors are essential to our efforts in bringing forth positive change within the lives of young people.

## **WANT MORE INFORMATION? – VISIT TREKKERS ONLINE!!**

To read detailed program offerings, see examples about past Trekkers trips or just learn more about the organization in general, please visit our web site at [www.trekkers.org](http://www.trekkers.org). If you still have questions, please call Lindsey Veilleux at 594-5095 or e-mail at [lindsey@trekkers.org](mailto:lindsey@trekkers.org)



3. Please describe one of your favorite memories in the outdoors.

## *Trekkers Agreement*

**Trekkers Partnership with the Schools:** Trekkers has worked as a liaison between the schools and the families of Trekkers students throughout its 26-year existence as an organization. It is our goal to communicate with and receive communication from the schools as a way to provide extra support for your son or daughter during possibly difficult academic and/or behavioral times. This way Trekkers can meet with the schools, students and families to help rectify the situation in a timely manner. With this in mind, please sign below to grant Trekkers permission to check in with the teachers, principals and the guidance department staff of RSU #13, MSAD #40, Camden Hills Regional High School/Five Town CSD, Lincoln Academy and/or St. George Municipal School Unit on behalf of your son or daughter if and when academic, behavioral, and/or emotional needs arise.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Student

***If you have any questions about the application process, please call Program Manager, Lindsey Veilleux at 594-5095 or [lindsey@trekkers.org](mailto:lindsey@trekkers.org). Thanks so much!***